**Aimee LeCours, LMHC**

#MH11263

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**Education**

Seminole Community College - AS, Digital Media/ Graphic Design 08/2020 - Present

Nova Southeastern University - MS, Mental Health Counseling 05/2006 - 08/2009

University of Central Florida - BA, Psychology                       08/2000 - 08/2005

**Experience**

**Centene Corporation** 02-2020 – Present

*Manager of Instructional Design, Training and Education*

Current Duties Include:

* Coordinating and creating behavioral health training materials, which include: Analyzing, designing, developing, implementing and evaluating learning solutions for multiple business units using a variety of training tools and techniques
* Ensuring content is delivered with high quality and innovation, meeting style guidelines and within efficient timelines
* Applying solid instructional design skills, effective learning principles, and creativity to course design to engage students in the learning process, encourage participation, and meet the requirements of the adult learner
* Implementing approved training content by packaging and publishing SCORM compliant courses in the Learning Management System (LMS)
* Utilizing eLearning/presentation authoring and graphic design tools such as Articulate 360, Adobe Creative Cloud, Microsoft Office products

**Centene Corporation**                           09/2015 - 02/2020

*Clinical Trainer Manager (Began as supervisor)*

Duties Included:

* Managed clinical provider trainers in California, Florida, Georgia, Indiana, Louisiana, Massachusetts, Missouri, and New Hampshire
* Utilized clinical research to creating high-quality, evidenced-based training curriculum for physical health and mental health practitioners focused on integrated and holistic care
* Researched and implemented pilot programs to aid in quality improvement of client care

**Cenpatico Behavioral Health/ Centene Corporation**                           03/2014 - 09/27/2015

*Clinical Provider Trainer*

Duties Included:

* Utilized clinical research to create high-quality, evidenced-based training curriculum for physical health and mental health practitioners
* Effectively marketed training services and strengthened the company brand
* Provided and created thoughtful clinical trainings to enhance provider and staff clinical framework in areas such as integrated healthcare, motivational interviewing, cultural competency, psychotropic medications, DSM-5, ICD-10-CM, positive psychology, and evidenced based practices
* Supported team members by training on policy and procedures, creating workflows/manuals
* Participating in Technology Team, CEU team, and PowerPoint development teams to aid in improving all around quality and support for the training team

**Lakeside Behavioral Healthcare, Inc.**                           09/2012 - 03/2014

*Adult Outpatient Therapist- Incentive Based Pay*

Duties Included:

* Provided individual, family, group, and couples therapy with clients from varied backgrounds
* Provided psychosocial rehabilitation services to ensure clients gained skills to become independent in the community (Focus: Independent Living, Coping Skills, and Mood/ Thought Management)
* Completed psychosocial assessments and treatment plans
* Promoted client empowerment to meet treatment plan goals and objectives

**Lakeside Behavioral Healthcare, Inc.**                           12/2011 - 08/2012

*Clinical Supervisor (Adult Outpatient Therapy Services)*

Duties Included:

* Responsible for the development, supervision, and evaluation of all clinical and administrative activities within the Adult Outpatient Therapy Program
* Supervised appropriate development, implementation, and documentation of client treatment
* Ensured that staff productivity was maintained consistently, checked and ensured that documentation was delivered within 48 hours of the service provided
* Ensured compliance with HRS, OLC, JCAHO, Health Department, Central Florida Safety Council, and any other applicable standards, and regulations
* Provided crisis intervention and support as necessary to therapists and clients
* Hired and trained therapists and  interns thoroughly and provided ongoing clinical support

**Lakeside Behavioral Healthcare, Inc.**                           12/2009 - 12/2011

*Therapist (Adult Outpatient Services/ Star Program)*

Duties Included:

* Provided individual, family, group, and couples therapy with clients from varied backgrounds
* Administered psychosocial rehabilitation services that focused on life skills, self-empowerment, independent living skills, and rehabilitation/ career development for homeless individuals
* Met with clients on the inpatient psychiatric units to screen for admission to the Adult Outpatient Therapy Program
* Completed psychosocial assessments and treatment plans
* Promoted client empowerment to meet treatment plan goals and objectives

**Lakeside Behavioral Healthcare, Inc**.                           11/2008 - 12/2009

*Forensic Mental Health Specialist/ State Hospital Liaison*

Duties Included:

* Provided case management/ liaison services for forensic (state hospital/ jail) clients
* Completed psychosocial assessments and submitted timely client documentation
* Reported client progress to the court system, DCF, and state hospitals
* Advocated for forensic clients during court hearings
* Provided community/ agency referrals and placement for forensic clients
* Visited 3 state hospitals quarterly
* Monitored clients on mental health conditional release
* Conducted client home visits as needed
* Ensured completion of client billing and monthly statistical reporting

**Seminole Community Mental Health Center, Inc.**                  08/2008 - 12/2009

*Crisis Support Specialist/ Intern*

Duties Included:

* Completed assessments and treatment plans for adult and children clients being admitted to the inpatient units, detox, and outpatient services
* Processed incoming Baker Acts and Hospital Transfers
* Provided crisis and brief counseling
* Administered substance abuse groups with co-occurring disorder clients
* Provided support for clients via phone calls in the Access Center

**Specialized Training Received**

* Trauma-Focused Cognitive Behavioral Therapy 05/05/2016
  + (17 hours)- By Cenpatico in Jacksonville, FL
* Addressing Tobacco Use in Behavioral Health 10/10/2015
  + (8 hours)- By Florida Council for Community Mental Health in Orlando, Florida
* Screening, Brief Intervention and Referral to Treatment (SBIRT) Training of Trainers 10/18/2014
  + (17 hours)- By Addiction Technology Transfer Center Network in Maitland, FL
* Qualified Clinical Supervisor Training 10/22/2014
  + (16 hours)- By Aspire Health Partners in Fern Park, FL
* Presentation/ Training Skills 09/2014
  + (24 hours) By Centene Corp. in St. Louis, MO

**Strengths**

* A strong desire to assist and be impactful to healthcare providers and clients in the community
* Strong understanding of counseling and clinical intervention methods which include, but are not limited to: Solution Focused Therapy, CBT, REBT, Client Centered Therapy, utilizing the Recovery Model, human development principles, crisis intervention, and systemic interventions
* Experience in providing treatment to diverse populations in inpatient and outpatient therapy settings
* Experience in treating a wide variety of mental health disorders, including clients with co-occurring disorders
* Extensive experience in clinical documentation, able to focus on gathering clinical information, identifying presenting problems, diagnosis, treatment planning, implementation, evaluation and follow-up
* Proficient in crisis intervention as a means to stabilize clients who are in psychological distress
* Strong knowledge of DSM-5 and ICD-10-CM
* Skilled in computer systems such as: Office, Word, Excel, PowerPoint and clinical documentation programs (Avatar, Emrview, and eCet)
* Exceptional organizational, communication (oral and written) skills, and computer skills
* Proficiency with multimedia and eLearning tools such as Adobe Captivate, Articulate Storyline/360, Camtasia, Adobe Creative Suite
* Strong working knowledge of uploading, testing, and troubleshooting SCORM compliant courses into a Learning Management Systems
* Strong working knowledge of adult learning theories and the ADDIE model for Instructional Design
* Strong content and project management skills with the ability to effectively multi-task and prioritize work
* Effective time management skills and demonstrated ability to meet deadlines